



## FOR THE FUTURE – FROM THE FUTURE

### A workshop with Ancestral Connections / Tanja Meyburgh, South Africa

**This workshop spans the Arc of Time from our ancient ancestors through the present moment and into the best possible future that we co-create with our heritage and our descendants. We will be supported by an integration of music, dance, story, constellations and ritual to explore this landscape that invites us to engage actively as ancestors of the future.**

**apsys.raum in cooperation with the LendLOVED association and JAGATI, Siegfried Essen and Aron Saltiel**

The seminar language is English. Discussions, reflections and some instructions will be translated into German.

Ancestral Connections recognises that our ancestors are real people who live and breathe within us in the present. We are at the same time weaving and co-creating our future with our descendants. Our capacity to access the gifts and the connections of both is possible through the embodied experienced of constellations, movement, storytelling, ritual and music.

In “For the Future, From the Future” we uncover inspiration and creativity and our capacity to vision through the body, imagination, and the senses, so that we can discover our own blueprint for times to come. Imagine living in the best possible future where our human intelligences are used to support a regenerative and thriving life. Where we are free to make choices that include and can be included, no matter what language, culture, race or gender? As ancestors of the future, we hold the creative capacity to make this happen. How can we come into a co-creative collective that enables us to respond to what is coming towards us from the future rather than to react or defend?

During these two days you will be mindfully and carefully led on this exploration through the arc of time in safe and embodied way by Tanja Meyburgh, co-creator of the Ancestral Connections integrative form. We will travel from the most ancient, wise ones, and the earth itself, to the best possible future. Bring your questions, bring your fears, bring your joys and whatever you are walking with. This workshop will assist you in staying present and responding in new ways to what you encounter in the world now and what lies ahead.

#### TARGET GROUPS

- This workshop is aimed at both lay people and professionals who wish to develop and enhance their relationship with their bodies and discover their resources.
- It is aimed at people who are interested in exploring their relationship with themselves, their families and loved ones, humanity and earth.
- Colleagues and anyone interested in constellation and/or bodywork are invited to join us for further learning and inspiration.

**TANJA MEYBURGH**



Tanja Meyburgh, author of *Reclaiming Ancestors*, is a renowned Family and Systems Constellations trainer and supervisor for 23 years and is a regular contributor to the international conferences and publications in this field. She is known for her inclusion of land, embodiment, collective work, and marginalised voices in her systemic work. Tanja provides a creative and experiential learning space that brings a sense of soul and spirit in a psychologically grounded way. Her interest in self-growth, personal & collective ritual and embodiment supports her to hold a broad and deep container for clients' personal and professional process. Tanja's MA in Narrative Therapy has had a big impact on how she views power relations and work with marginalised voices and communities. She also has training and experience in wilderness therapy, art therapy, expressive movement and Southern African lineage wisdom.

As founder and director of African Constellations Institute, Tanja has taken 23 groups through a full 2 year facilitator training and is the primary pioneer of constellations work in South Africa since 2003. She has assisted organisations in South Africa involved with addiction, adoption, trauma, political violence, community development and diversity. More recently Tanja co-founded Ancestral Connections integrating dance and constellations, and the REAL Academy, an online resource for Embodied and Ancestral Learning. Tanja has also presented at the international intensives in Germany, South Africa and Australasia, and accepted invitations to teach in Germany, Austria, Belgium, United Kingdom, Kuwait, Netherlands, Brazil, Spain, Bali and Portugal. She was the founding member and Chairperson of the Systems Constellations Association of South Africa, and now serves them and the International Systemic Constellations Association (ISCA) in their elder circles. She lives in Cape Town with her two teenage children where she enjoys wild swimming and a close connection to the natural world.

[www.ancestralconnections.co](http://www.ancestralconnections.co)

[www.africanconstellations.co.za](http://www.africanconstellations.co.za)

[www.tanjameyburgh.co.za](http://www.tanjameyburgh.co.za)



## FACTS

<b>Date</b>	Saturday, June 28 <sup>th</sup> – Sunday, June 29 <sup>th</sup> ,2025
<b>Times</b>	Saturday, 10:00 AM - 6:00 PM Sunday, 10:00 AM - 5:00 PM
<b>Location</b>	LendLOVED, Lendplatz 40, A-8020 Graz, <a href="http://www.lendloft.at">www.lendloft.at</a>
<b>Trainer</b>	Tanja Meyburgh, South Africa
<b>Costs</b>	€ 264,00 (€ 220,00 + 20% VAT) € 240,00 (€ 200,00 + 20% VAT.) for club members of LendLOVED or JAGATI for registration after April 22 <sup>nd</sup> , 2025  <b>Early bird price for registrations until April 22<sup>nd</sup>, 2025</b> € 240,00 (€ 200,00 + VAT) € 220,00 (€ 183,33 + 20% VAT) for club members of LendLOVED or JAGATI for registration after april 22 <sup>nd</sup> , 2025

**Participations** 15 to max. 50 people

## REGISTRATION

A apply via the web form (top right) to Institut APSYS, Leonhardstr. 91/I, 8010 Graz, or by mail to [office@apsys.org](mailto:office@apsys.org) and by transferring the participation fee to the account of Institut APSYS, Steiermärkische Bank and Sparkassen AG, IBAN: AT822081500004849824, BIC: STSPAT2GXXX

If you are a member of the LendLOVED or JAGATI association, please indicate this in the registration form or in your mail to [office@apsys.org](mailto:office@apsys.org)

## IMPORTANT NOTE

At the time of the workshop, the Grand Prix 2025 will take place in Spielberg. Therefore, experience has shown that all accommodation throughout Styria is fully booked very soon (up to a year in advance).For participants who need overnight accommodation, it is therefore advisable to book rooms very early.

## CANCELLATION POLICY

A processing fee of € 90,00 will be charged for a **written withdrawal** until May 27<sup>th</sup>, 2025. Thereafter, the full seminar fee must be paid if the seminar place reserved for you cannot be filled by a replacement participant from our waiting list, if one exists. If the place can be filled by someone from the waiting list, we will charge a reduced cancellation fee of € 60,00



## CONTACT

### Institut APSYS KG

Christine Blumenstein-Essen, Guni-Leila Baxa, Riki Fink  
Leonhardstraße 91/I  
A-8010 Graz

Tel +43 (0) 316 / 32 52 91  
Mobile +43 (0) 681 / 81 11 35 64  
(Tuesday 9:00 AM – 12.30 PM)  
E-mail [office@apsys.org](mailto:office@apsys.org)  
Website [www.apsys.org](http://www.apsys.org)

### Bank data

Institut APSYS KG  
Steiermärkische Bank und Sparkassen AG  
IBAN: AT82 2081 5000 0484 9824  
BIC: STSPAT2GXXX