

## SYSTEMIC CONSTELLATIONS TOGETHER WITH THE RITUAL WORK OF MALIDOMA P. SOMÉ

A 7 DAY WORKSHOP  
25<sup>th</sup> – 31<sup>st</sup> JULI 2015  
PÖLLAUBERG  
STYRIA  
AUSTRIA

### THE HEALING VILLAGE – OUTLINE

Malidoma P. Somé describes **rituals** as “dance with the essence of life”. They enable the soul to connect with higher dimensions and communicate with the unseen world, hence their liberating and healing effect. Nature and her elements provide the gateways to the “mystical worlds” so often hidden from everyday life.

The most significant events in a human life such as birth, marriage, illness, separation, death, entering a new life cycle, changing professional or personal circumstances etc. are represented in rituals. Their structured composition provides a safe frame for transitions and changes to occur and guides us through the intense physical-emotional experience.

**Constellations** offer a tangible way of showing us our entanglements and inner pictures of social, mental, psychological and spiritual influences in our environment. Participants represent the significant players, aspects and forces within a system. Patterns not only become visible but can also be heard and felt.

This helps us to adjust our behaviour and attitudes, which in turn can have a positive influence not only on ourselves but also on our relationship to others.

Solutions present themselves in both rituals and constellations by opening up to a higher wisdom. Thus matters of belonging, responsibility, self-efficacy, self-empathy, illness, health and other issues are actuated. Feelings, thoughts and actions reorientate themselves in a different way. Inner perceptions and world views change and we open up to wider scope of action.

For these seven days all of us are gathering together as a village, a community that allows development, change, forgiveness and healing to take place.

**You are welcome to join us either alone or with your family, children and friends.**

### COURSE OF EVENTS

To start with we create the village – a community everybody belongs to. Elemental groups representing fire, water, earth, minerals and nature prepare the ritual framework.

We alternate constellation work with rituals, either in the village, in smaller groups or for individuals.

Constellation work will be defined by the participant's issues. These can include personal issues presented by individuals, couples, brothers and sisters etc. as well as professional matters in regard to family businesses, organisations and other work related questions. Group discussions and reflection support the individual experience and furthermore provide a theoretical frame of reference.

The facilitators for various constellation groups are Guni Leila Baxa, Christine Blumenstein-Essen, Christine Freiler, Eelco de Geus, Laszlo Mattyasovszky and Karin Schöber.

By going through various rituals with Malidoma P. Somé the themes and issues represented in constellations are taken to a higher spiritual level. In addition there is opportunity to deepen the experience by sharing and supporting each other.

### FEES & ACCOMMODATION

#### SEMINAR FEES:

EUR 650,- + 20 % VAT (EUR 780,-)

#### Early-bird:

EUR 560,- + 20 % VAT (EUR 672,-)

for bookings received and paid for before 1st March 2015.

Accountable hours for this advanced training course are 56 work units.

#### VENUE:

Seminar-Hotel RETTER  
www.retter.at  
Pöllauberg, Styria, Austria  
approximate 1 hour by car from both Graz and Vienna.

Travel by car or air to either Graz or Vienna. The hotel offers a pick-up service for both destinations.

#### COSTS FOR FOOD AND ACCOMODATION:

For accommodation there are cheaper alternatives available in the area. Should you wish to book one please ask our assistants to send you a list.

Full-board per person per night at Hotel RETTER:

Single room: EUR 109,- oder 119,-

Double room: EUR 95,- oder 105,-

Triple/four bed room: EUR 89,- oder 99,-

Extra charge for the day of departure: EUR 25.-, lunch included.

Full-board includes the fee for the seminar rooms and the use of the hotel's own wellness facilities (natural pond, swim and sauna landscape). Hotel RETTER is renowned for its excellent cuisine using organic and local products. They offer a substantial breakfast buffet, a generous lunch and a light supper.

Participants not staying at the Hotel RETTER are required to pay a daily rate of EUR 39,- for the use of the seminar rooms, lunch and dinner.

## SYSTEMIC CONSTELLATION AND RITUAL

### BOOKING

Please book in written form either online before 1st May at the latest (formula on [www.apsysraum.org](http://www.apsysraum.org)) via email to [office@apsysraum.org](mailto:office@apsysraum.org) or use the adjacent form via fax to +43 (0) 316 325293 or post to Institut apsys.raum, Leonhardstraße 91/1, A 8010 Graz.

Together with the application we kindly ask for full payment of EUR 780,- (early-bird booking and payment before 1st March 2015 only EUR 672,-)

Bank account: Institut apsys.raum  
STEIERMÄRKISCHE BANK UND SPARKASSEN AG  
IBAN: AT822081500004849824  
BIC: STSPAT2GXXX

Upon receipt of the full fee your booking becomes binding and you will receive confirmation with all relevant details.

For cancellations before 15th May 2015 a cancellation fee of EUR 80,- will be deducted from your refund. Later cancellations will only be refunded if someone else takes your place. Otherwise the full amount has to be paid.

“A RITUAL IS  
LIKE A JOURNEY.  
BEFORE YOU START  
IT YOU OWN THE  
JOURNEY.  
ONCE THE RITUAL  
HAS BEGUN,  
THE JOURNEY  
OWNS YOU.”

Malidoma P. SOMÉ

## RITUAL AND SYSTEMIC CONSTELLATION

SYSTEMIC  
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OF MALIDOMA P. SOMÉ

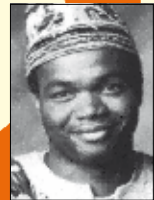
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SYSTEMIC  
CONSTELLATION  
AND  
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www.apsysraum.org

“A RITUAL  
IS A DANCE  
WITH LIVING  
ENERGY.”

Malidoma P. SOMÉ



Malidoma P.  
SOMÉ

PhD., The translation of his first name is “A Friend of the Stranger”. Initiated elder of the Dagara in Burkina Faso (West Africa). Author. Doctorat at Sorbonne, Paris, France and Brandeis University, Boston, USA. Professor at Michigan State University. Malidoma is a scientist and shaman. He feels addressed to the duty of inter-cultural dialog.



Guni Leila  
BAXA

PhD, Psychologist, state-certified Psychotherapist, field supervisor, instructor for Systemic Family Therapy. Seminars and trainings for constellationwork in Austria and throughout the world, Founding member of APSYS – Institute for Systemic Practice and apsys.raum – Institute for Interdisciplinary Practice. Aims to balance body, heart and mind to support the unfolding of a “body-heart-mind”.



Christine  
BLUMENSTEIN-ESSEN

Social worker, Psychotherapist and Coach. Trainer for Systemic Therapy and Consultation in Austria. Founding member of APSYS – Institute for Systemic Practice and apsys.raum – Institute for Interdisciplinary Practice. Coeditor of the book “Verkörperungen”, Carl-Auer-Systeme Verlag, 2001.



Christine  
FREILER

Social worker, Psychotherapist (Integrative Gestalt Therapy, Systemic Family Therapy), field Supervisor, Trainer and Coach in Vienna. Trauma therapy, (PITT and EMDR), systemic-integrative Constellation and Ritual Work, spiritual as well as trans-religious and trans-cultural counselling.



Eelco  
DE GEUS

Dutch counsellor, systemic-dialogic constellation worker, Founder and Leader of the Insititut for System Dynamic and Dialog in Pressbaum near Vieanna. Trainings and workshops for constellation work, family,- structure,- and organisation,- constellations in various european countries. In his constellation work Eelco combines dialogic and ritual aspects as well as his love for music and movement.  
www.systemaufstellungen.org



Laszlo  
MATTYASOVSZKY

Born in Hungary, sculptor, state certified in Healing Practice in Germany, instructor for trainings in Constellation Work throughout Europe, wide background in different psychotherapeutic methods. Works also as Systemic Familytherapist in settigs of one to one, for couples and for groups.



Karin  
SCHÖBER

Born in 1960, two Children, Psychotherapist, Counselling Supervisor and Coach in private praxis, Constellation Work since 1996, Teaching since 2009, Somatic Experience Trauma-Therapeut, Member of the Austrian Foundation for Constellation Work (ÖfS), Conference speaker.

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REGISTER FORM

Yes, I want to book my place for  
“SYSTEMIC CONSTELLATIONS AND RITUAL”.

Dates: 25<sup>th</sup> – 31<sup>st</sup> July 2015  
Venue: Pöllauberg, Styria, Austria

Name .....

Adress .....

Phone .....

Fax .....

Email .....

Date .....

Signature .....